

French Gourmet BISTRO

LUNCH MENU

APPETIZERS

- CHARCUTERIE PLATE** \$18
Serrano, Pâté, Saucisson, Chorizo, Rillette, Cornichon, Bread.
- FRENCH CHEESE PLATE** \$18
French cheese selection, Camembert, Saint André, Petit Basque
- FRIED CALAMARI** \$12

SOUPS

- SOUP OF THE DAY** \$6
- SOUPE A L'OIGNON** \$8
French Onion Soup, Cheese toast.

SALADS

Add Grilled or Breaded Chicken \$2
Shrimp \$4

- CEASAR SALAD** \$7
Romaine, Parmesan, Crouton
- GREEK SALAD** \$8
Lettuce, Endive, Tomato, Bell Pepper, Cucumber, Feta, Onion, Olive.
- CAPRESE SALAD** \$9
Grapevine tomato, Fresh Mozzarella, Balsamic Glaze, Fresh Basil, Olive Oil.
- FRISSE** \$9
Frisee, Tomato, Bacon, Poached Egg.
- LA ROQUETTE** \$9
Arugula, Parmesan, Strawberry, vinaigrette
- ENDIVE SALAD** \$10
Endive, Blue Cheese, Walnut.
- SALADE DE PATES** \$12
Penne, Tomato, Red and green roasted pepper Basil.

ENTREE

- FRICASSEE DE POULET** \$15
Chicken Thigh, Green Peas, Carrot Mushroom, Asparagus, Chicken Gravy
- CHICKEN MILANESE** \$14
Breaded Chicken, Spaghetti, Ratatouille.
- MOULES MARINIÈRES** \$12
Steamed Mussels, White Wine, Onion, Light Cream.
- BOEUF BOURGUIGNON** \$15
Slow Cooked Beef, Carrot, Onion Pearl, Bacon, Potatoes
- ATLANTIC COD FISH** \$15
Grilled cod fish, Grilled piquillo, Garlic, Olive oil. Safran Rice
- STEAK FRITES** \$24
10 Oz Angus Ribeye, Green Pepper Sauce

SANDWICHES

- QUICHE LORRAINE** \$11
Bacon, Cream, Egg, Onion, Cheese.
- QUICHE LEGUME** \$11
Bell Pepper, Zucchini, Tomato, Onion
- CROQUE MONSIEUR** \$10
Grilled Sandwich, Ham, Bechamel, Cheese.
- CROQUE MADAME** \$11
Croque Monsieur + Sunny side up Egg
- CROQUE TURKEY** \$10
Grilled Sandwich, Turkey, Bechamel, Cheese
- FRENCH BRUSCHETTA** \$10
Ciabatta Bread, Tomato sauce, Onion, Mushroom, Cheese, Pesto. Add Ham or Bacon \$2
- AMERICAN BURGER** \$13
Beef Patty, Tomato, Cheddar, Salad, Bacon, Pickles, Mayonnaise, Ketchup
\$15 with fries
- FRENCH STYLE BURGER** \$13
Beef Patty, Tomato, Salad, Cheese, Red Onion, French Tartar Mayonnaise.
\$15 with fries

PASTA

- PASTA DE L'OCEAN** \$18
Linguini, Scallop, Shrimp, Mussel, cream.
- PASTA DU CHEF** \$15
Linguini, Chicken, Tomato, Mushroom Onion, Spicy Sauce

VEGETARIAN

- RISOTTO DE LEGUME** \$12
Risotto, Green Peas, Asparagus
- VEGAN BURGER** \$15
Vegetarian hamburger, Tomato, Salad, Vegan Cheese

LUNCH SPECIAL \$10.90

Monday to Friday 11:00am to 2:30pm

All Lunch Special are served with a side Soup of the day , Salad or Chips

CLASSIQUE CREPE

Ham Cheese

CAPRESE SALAD

Tomato, Fresh Mozzarella, Balsamic Glaze, Fresh Basil, Olive Oil.

PROVENCALE CREPE

Eggplant Roasted Green and Red Pepper, Roasted Onion, Tomato, Zucchini, Cheese.

CROQUE MONSIEUR

Grilled Sandwich, Ham, Bechamel, Cheese.

CHICKEN MILANESE

Breaded Chicken, Spaghetti, Ratatouille.

FRENCH BRUSCHETTA

Ciabatta Bread, Tomato Sauce, Onion, Mushroom, Cheese, Pesto

Add Ham or Bacon \$2

